

## SCHOOL'S OUT FOR THE SUMMER!

Your little ones have worked very hard all school year long and now it's time for their long awaited summer break! We know that you have a summer jam-packed with work, vacations, family engagements, and other fun activities. We thank you for considering the Summer Camp program at the National Fitness Center locations.

Please read the following information carefully as you begin to plan your family's summer time activities. We have several options across our locations, so we are sure there is something that will work to meet your family's needs.

Just complete the registration process and make sure all forms are filled out legibly and completely, and your child(ren) will be set for an amazing summer!

## REGISTRATION POLICIES

1. Obtain a registration form by going online to [www.nfc1.com](http://www.nfc1.com) to download and print a copy **OR** stop by the front desk at any of our National Fitness Center club locations.
2. Advance registration and payment are required. Please call the camp location for camp availability.
3. Children must be 5 years old and/or be eligible to enroll in Kindergarten for the upcoming school year.
4. The camp registration fee **must** accompany your registration form. This is a one-time-only fee for 2017 camps, is non-refundable, and does not count towards camp tuition. This fee **DOES**, however, reserve your child's space in camp, as well as pays for your child's camp pack+ (i.e. camp T-shirt and bag).
5. Full and partial week pricing is available with the exception of swim camps. Rates vary depending on camp location and membership type.
6. Once registered, you will receive a confirmation packet via email that includes further details about camp, as well as any additional documents we may need for your child.

**PLEASE NOTE:** Registration fees and forms must be returned in person at one of our club locations (does not necessarily have to be the location in which you are enrolling your child). Acceptable forms of payment include: cash, check, Discover, Visa, or MasterCard. **Camp tuition is due two weeks prior to your child's camp.**

## CANCELLATION AND REFUND POLICY

1. National Fitness Center reserves the right to cancel camps for which there are not enough enrollments. In the event that National Fitness Center cancels a camp due to low enrollment or other unforeseen circumstances, credit will be issued in one of the following ways: **1)** the child will be offered another camp within the same summer, **2)** a credit voucher will be offered for use towards other programs offered at our club locations (e.g. swim lessons, KIDS IN MOTION classes, birthday parties, etc.), or **3)** non-members will be offered a down payment towards a club membership. In this instance only, if an agreement cannot be reached regarding a credit voucher towards other club services, refunds will be issued on camp tuition, but a written request to do so must be received by the Director within 7 days after the start date of the camp that was scheduled.
2. Other requests for refunds will only be issued if a written request to do so is mailed to the address listed below and received by the Area Program Director 14 days prior to the camp in which the child was enrolled.

Please mail requests to:  
**Member Services**  
**PO Box 5376**  
**Knoxville, TN 37928**

Refunds generally take 30 days once the written request is received, and will be given on camp tuition only (**NOT** registration fee). Refunds will **NOT** be issued for any reason other than low enrollment after the two-week deadline (i.e. 14 days prior to the start of the camp in which the child is enrolled).

## **CAMP HOURS**

### **REGULAR HOURS**

Monday through Friday  
8:30 a.m. . 4:30 p.m.

### **EXTENDED CARE HOURS**

Monday through Friday

**Before Care:** 7:30 a.m. . 8:30 a.m.

**After Care:** 4:30 p.m. . 5:30 p.m.

## **EXTENDED CARE**

Fees are in addition to camp tuition and are per child. They include before and after care and are as follows:

- \$8/Day
- \$25/Week

There will be \$1.00 per minute charge assessed for each minute after 5:35 p.m. that a child is picked up. This late fee will be per child as well.

## **FOOD POLICY**

Campers must bring their own sack lunch and drink everyday. Please note that we do not have a refrigerator or microwave available, so please pack lunches accordingly. We ask that parents keep in mind that we are a health club, and in that regard, are trying to teach our kids how to lead healthy lives through exercise and smart food choices. Therefore, we ask that parents choose lunch foods that meet the dietary guidelines for Americans established by the U.S. Department of Agriculture (i.e. the Food Guide Pyramid).

NFC will offer a mid-morning and a mid-afternoon snack **time** for your child, however, we will only provide one pre-packaged/individual portion size snack that may include foods such as fruit snacks, crackers, pudding/gelatin cups, pretzels, etc. If your child has any allergies or special dietary needs, please provide your child with additional snacks each day.

## **BEHAVIOR POLICY**

We follow a ~~three~~ **three strikes** policy regarding behavior in our children's programs and camps, meaning that we give each child three chances to correct their behavior. Upon the first incident of a behavior that we deem to be dangerous or disrespectful to other children and/or staff, the parent will be notified verbally. Upon the second incident, a meeting may be called with staff and parent(s) to discuss a plan on handling or correcting the behavior. On the third incident (with no signs of improvement), you may be asked to remove your child from summer camp for the remainder of that week or possibly the entire summer.

If a child is asked to leave due to behavior issues during the middle of the camp week, there will be no refund issued for the registration fee or the remainder of that week. If a child is asked to leave camp due to behavior issues for the remainder of the summer, there will be no refund issued for the registration fee or the remainder of the current week (including before/after care). However, if any other weeks remain and have been paid for (including before/after care), those will be refunded within 30 days.

## **CHILD SAFETY PROCEDURES**

To ensure that your child has the most fun and rewarding camp experience possible, we have put several safety measures in place:

### **Checking In/Out of Camps Each Day**

1. At the time of registration, you will designate who, other than you, is able to drop off and pick up your child from camps. This information will be filed at each location your child will attend camp.
2. You or your designated individuals will be asked to show photo ID before being allowed to pick up your child from camps.
3. Also, to distinguish camp children from our other member children, and to insure that camp participants stay together as a group, each child will receive a wristband upon check-in to camp each morning.

## Swimming

1. Anytime we have the camp participants in the pool, we will have one or more certified lifeguards present.
2. Children who are not comfortable in the water or are not strong swimmers will be monitored very closely, and will be asked to remain on the shallow end of the pool. You are encouraged to provide a puddle jumper+or life jacket for your child if they are not comfortable in the water and/or have never attended swim lessons.
3. On the first day of each camp that involves swimming, children will be taken through a brief safety lesson by one of our certified lifeguards before they will be allowed to enter the water.

## Unexpected Accidents

1. Our camp staff is certified through a nationally accredited organization (i.e. American Red Cross, American Heart Association, etc) in Child/Infant CPR, as well as Basic First Aid procedures.
2. Our Camp Director is equipped with a Basic First Aid kit containing band-aids, bandage wraps, ice packs, etc.

## CAMP ATTIRE

Because our camps are very active and designed to teach your child sports and exercise skills, we ask that your child dress in clothes appropriate for their specific camp. We recommend cotton fabrics, as they are breathable and allow for a full range of motion. Appropriate attire for most camps would include shorts, a T-shirt, socks, and sneakers that lace up. Some types of specialty camps may allow for additional attire, such as a leotard and tights for dance camp, or a karate gi for martial arts camps. **We ask that you do not send your child in flip-flops, sandals, or other slide-on shoes (including Crocs). We also request that you do not send your child in a skirt or dress.**

For swimming, we ask that you pack your child's swimsuit and a towel, and flotation assistants (e.g. puddle jumpers/life jacket) that your child may need while in the water. Also, in the case of spills or other accidents, please pack an extra change of clothes for your child.

**SPECIAL NOTE:** The majority of camp activities are indoors. On the occasion that there will be time spent out doors, we encourage you to pack sunscreen for your child. At the Signature location, the outdoor pool will be utilized as often as possible.

## ELECTRONICS & ITEMS FROM HOME

Because our camps are very active and are meant to promote a healthy lifestyle, we require that your child leave all electronic devices (ipods, cell phones, video games ,handhelds, DS, ipad, etc.) at home. Our focus is on health, fitness, and fun and we have a strict **NO ELECTRONICS** rule during summer camps. Any unauthorized items from home will be confiscated by camp staff and returned at the time of pick up.

## CAMP LOCATIONS, DATES, & DESCRIPTIONS

Camp activities and themes offered may vary by location. **ALL CAMPS** will include swim time almost every day and some camps will have parent showcases each Friday. Please call the Children's Activity Director or Summer Camp Director for specific questions.

The following are descriptions of the camps offered at each location as well as the address and contact information.

**SIGNATURE – 8511 Walbrook Drive, Knoxville, TN 37923**

**Director: Jauntae Davis ([jauntaedavis@nfc1.com](mailto:jauntaedavis@nfc1.com))**

<b>*May 30 – June 2</b>	<b>Mad Dash Mania</b>	Ready! Set! GO! This camp will be bursting with activities for all fitness levels! Campers will learn the fun side of getting in shape and maintaining physical fitness. With exciting obstacle courses, relays, circuit training, and silly challenges, campers will test out their new skills and flex their old ones!
<b>June 5 – 9</b>	<b>Wet and Wild! (Swim Camp) 5-6 year olds (45 participant limit)  7-12 year olds (60 participant limit)</b>	Splish! Splash! This camp is a great opportunity for children at all swim skill levels. It offers challenges for more competitive swimmers who are interested in learning or improving proper techniques for all four competitive strokes <b>AND</b> small group instruction and fun activities for those who are still learning to swim and gaining confidence in the water. All aquatics instructors are lifeguard and CPR certified by a nationally accredited organization.
<b>June 12 - 16</b>	<b>Move Your Body! (Dance and Creative Movement Camp)</b>	Children will explore different dance and movement styles this week! Campers will have the opportunity to watch demonstrations to stimulate interest and creativity in new art forms. They will have an opportunity to learn and create their own choreography and show off their know how with an informal demonstration at the end of the week. Watch out “So You Think You Can Dance!”
<b>June 19 – 23</b>	<b>Futbol Fun! (Soccer Camp)</b>	Get in the game with proper techniques for kicking, passing, trapping and more! Campers will learn game strategies, teamwork and decision making skills. Our all-weather indoor turf facility offers for a cool alternative to overheating outdoors.
<b>June 26-30</b>	<b>To the Top! (Rock Climbing Camp)</b>	Learn to Rock Climb at our Signature Club this summer! Our self-regulating belaying system at our state-of-the-art facility makes rock climbing more accessible than ever! Learn proper climbing and rappelling technique to start! Then move on to individual and team challenges. Our rock wall is the perfect setting for building trust and leadership skills!
<b>July 3 - 7</b>	<b>Stars &amp; Stripes (Team Building/Cooperation)</b>	This week thinking caps, creativity, helping hands, and cooperation is required! Work together as a team to survive games and challenges during this exciting camp! Campers will learn to build trust and rely on teammates as well as learn about their own strengths! This week = FUN!!!!
<b>July 10 - 14</b>	<b>Kids In Motion</b>	Get up and get moving with your friends! Each day the campers will participate in a variety of the children’s classes we offer in our year-round Kids In Motion program! They will experience ballet, yoga, flag football, Zumba, and more!
<b>July 17 - 21</b>	<b>Around the World</b>	Come participate in the games children play around the world and have fun experiencing different cultures. During this week campers will be introduced to popular games, and sports of different areas of the world to help broaden their cultural horizons and skills sets. Campers will get the chance to learn fun facts, games, crafts, and sports from around the world.
<b>July 24 - 28</b>	<b>NFC Ninjas (Karate Camp)</b>	This camp is an INCREDIBLE chance to learn the basic skills of Isshinryu karate, while building self-esteem and self-control! Campers will learn conditioning, core-training, and self defense. An added benefit of this class is an education in respect and honor that comes with martial arts.
<b>July 31 – Aug 4</b>	<b>I-Spy</b>	Do you have what it takes to be a secret agent! You’ll find out this week! Discover the science behind spying! We’ll be using our brains and muscles to complete challenges and solve problems.

**MARYVILLE – 1644 West Broadway Avenue, Maryville, TN 37801**  
**Director: Casey Kashif ([caseykashif@nfc1.com](mailto:caseykashif@nfc1.com))**

<b>*May 30 – June 2</b>	<b>SPY KIDS</b>	Get their imagination flowing and learn more about becoming a secret agent! We will uncover what it takes to unlock the secret agent in all of us by learning the science behind spying, using our brains in challenges, and street smarts.
<b>June 5 - 9</b>	<b>Karate Camp</b>	This camp is an INCREDIBLE chance to learn the basic skills of Isshinryu Karate, while building self-esteem and self-control! Campers will learn conditioning, core-training, and self defense. An added benefit of this class is an education in the respect and honor that comes with martial arts.
<b>June 12 - 16</b>	<b>SWIM Camp</b>	SWIM! SWIM! SWIM! This camp is a great opportunity for children at all swim skill levels. It offers challenges for more competitive swimmers and encouragement for those who are still learning. This camp is designed for children who would like to learn proper techniques for all four competitive strokes. For those who are still learning to swim, it's a chance to get instruction while experiencing games and fun activities in the water. In addition, all swimmers will learn some junior lifesaving and safety practices that will keep them safe around water. All our aquatics coaches are lifeguard and CPR certified by a nationally accredited organization.
<b>June 19 – 23</b>	<b>Mad Scientist</b>	Join your fellow campers in the NFC laboratory and make some crazy concoctions! We will spend the week becoming Mad Scientists, making experiments and playing science themed games. Don't forget your swimsuit and towel, because campers will also be able to swim in the afternoon. This will be one wacky, strange, and unusual week of experiments!
<b>June 26 - 30</b>	<b>We Be BALLIN' Week</b>	At NFC attitude and effort mean everything! Whether you're already an athlete or picking up a sport for the first time, staff at NFC will challenge and inspire you to find your best on and off the field!! Each day will focus on a different type of ball sport. Whether it be football, basketball, or soccer your child will be sure to find a sport that they enjoy!
<b>July 10 - 14</b>	<b>Inventor's Workshop</b>	Let your Imagination run wild! This week we will take a look into childhood curiosity and creativity. You're in for an adventure you won't forget! We will learn to create as individuals and in groups using legos, blocks ,everyday items ,etc.
<b>July 17 - 21</b>	<b>All Star Sports Camp</b>	All star sports camp will offer something for every camper whether you are already an athlete or just getting started. The team sports that will be offered range from flag football, soccer, volleyball, basketball, baseball. In addition to team sports campers will also participate in games like dodgeball, kickball and many more.
<b>July 24 - 28</b>	<b>Game Show Mania</b>	Kids get to try their hands at all types of different games. Kids will be challenged in more ways than one. The games and ideas will come from different reality game shows such as Survivor, Minute to Win it, Fear Factor, Deal or No Deal, and many more! It will be tons of fun!!!

**MORRISTOWN – 1950 W AJ Hwy, Morristown, TN 37814****Director: Cassie Walker ([cassiewalker@nfc1.com](mailto:cassiewalker@nfc1.com))**

<b>May 22-26</b>	<b>Swim Camp</b>	Splish! Splash! This camp is a great opportunity for children at all swim skill levels. It offers challenges for more competitive swimmers who are interested in learning or improving proper techniques for all four competitive strokes <b>AND</b> small group instruction and fun activities for those who are still learning to swim and gaining confidence in the water. All aquatics instructors are lifeguard and CPR certified by a nationally accredited organization.
<b>May 29-June 2</b>	<b>All –Star Sports</b>	This camp will offer something for every camper, whether you are a seasoned athlete or just getting started. Campers will have the opportunity to try out their skills in various sports and physical activities including: football, soccer, volleyball, basketball, baseball/softball cheer and tumble!
<b>June 5-9</b>	<b>Karate</b>	This camp is an INCREDIBLE chance to learn the basic skills of Isshinryu karate, while building self-esteem and self-control! Campers will learn conditioning, core-training, and self defense. An added benefit of this class is an education in respect and honor that comes with martial arts.
<b>June 12-16</b>	<b>Aqua Kids</b>	Didn't get wet enough at swim camp? This camp will once again allow campers to have fun in the water whether it is in the pool or on dry land. Campers will participate in all types of water sport activities and games.
<b>June 19-23</b>	<b>Mad Scientist</b>	Join your fellow campers in the NFC laboratory and make some crazy concoctions. We will spend the week being mad scientist, making and playing science themed games. Don't forget your swimsuit and towel, because campers will also be able to swim in the afternoon. This will be one wacky, strange and unusual week of experiments.
<b>June 26 - 30</b>	<b>Survivor</b>	Kids get to try their hands at all types of different games. Kids will be challenged in more ways than one. The games and ideas will come from different reality game shows.
<b>*July 3-7</b>	<b>Water Wars</b>	Whose side are you on? This year, we're taking our water fun to the next level and declaring a Water War! This camp will once again allow campers to have fun with water, whether it is in the pool or on dry land. However, they must work with their teammates to complete tasks and win competitions. Campers will participate in all types of water sports activities and games including: water balloons, sponge toss, shaving cream shoot-offs, and much more! If your team is the winner in the end, you'll get a special award!
<b>July 10-14</b>	<b>Swim Camp</b>	Splish! Splash! This camp is a great opportunity for children at all swim skill levels. It offers challenges for more competitive swimmers who are interested in learning or improving proper techniques for all four competitive strokes <b>AND</b> small group instruction and fun activities for those who are still learning to swim and gaining confidence in the water. All aquatics instructors are lifeguard and CPR certified by a nationally accredited organization.
<b>July 17-21</b>	<b>Mad Dash Mania</b>	Ready! Set! GO! This Camp will be bursting with activities for all fitness levels! Campers will learn the fun side of getting in shape and maintaining physical fitness. With exciting obstacle courses, relays, circuit training and silly challenges. Campers will test out their new skills and flex old ones.
<b>July 24-28</b>	<b>Summer Blow –Out</b>	Bid Summer Farewell with the best week ever. The campers are in total control of this camp. We will vote each week on favorite activities. We will then put them all together for one full-filled camp that includes best games, competitions, experiments, crafts, and of course time in the pool. Experience all summer at NFC in one action-packed week.

**OAK RIDGE – 750 Briarcliff Avenue, Oak Ridge, TN 37830**  
**Director: Christina Delong ([christinadelong@nfc1.com](mailto:christinadelong@nfc1.com))**

<b>June 12 – 16</b>	<b>Swim Camp (25 participant limit)</b>	Swim! Swim! Swim! This camp is a great opportunity for children at all swim skill levels. It offers challenges for more competitive swimmers and encouragement for those who are still learning. This camp is designed for children who would like to learn proper techniques for all four competitive strokes. For those who are still learning to swim, it's a chance to get instruction while experiencing games and fun activities in the water. In addition, all swimmers will learn some junior lifesaving and safety practices that will keep them safe around water. All our aquatics coaches are lifeguard and CPR certified by a nationally accredited organization.
<b>June 19 – 23</b>	<b>Kids In Motion</b>	Get up and get moving with your friends! Each day the campers will participate in a variety of the children's classes we offer in our year-round Kids In Motion program! They will experience Tumble, Basketball, Fit Kids, Soccer, Flag Football, Dodge ball, and more!
<b>June 26 – 30</b>	<b>Mad Scientist</b>	Join you fellow campers in the NFC laboratory and make some crazy concoctions! We will spend the week becoming Mad Scientists, making experiments, and playing science themed games. Don't forget your swimsuit and towel, because campers will also be able to swim in the afternoon. This will be one wacky, strange, and unusual week of experiments!
<b>July 10 – 14</b>	<b>Karate Camp</b>	This camp is an INCREDIBLE chance to learn the basic skills of Isshinryu karate, while building self-esteem and self-control! Campers will learn conditioning, core-training, and self defense. An added benefit of this class is an education in the respect and honor that comes with martial arts.
<b>July 17 – 21</b>	<b>Camp NFC</b>	During this week your camper will enjoy making s'mores, telling campfire stories, competing in team challenges, water games, the great outdoors, leaf rubbings, scavenger hunts, and so much more! This camp is all about team work and exploration!
<b>July 24 – 28</b>	<b>Water Warriors</b>	Whose side are you on? This year, we're taking our water fun to the next level and declaring a Water War! This camp will once again allow campers to have fun with water, whether it is in the pool or on dry land. However, they must work with their teammates to complete tasks and win competitions. Campers will participate in all types of water sports activities and games including: water balloons, sponge toss, shaving cream shoot-offs, and much more! If your team is the winner in the end, you'll get a special award!

**TAZEWELL PIKE – 3030 Tazewell Pike, Knoxville, TN 37918****Director: Heidi Stutz ([heidistutz@nfc1.com](mailto:heidistutz@nfc1.com))**

<b>June 5 – 9</b>	<b>Swim Camp</b>	This camp is a great opportunity for the children at all swim skill levels. It offers challenges for more competitive swimmers and encouragement for those who are still learning. This camp is designed for children who would like to learn proper techniques for all four competitive strokes. For those who are still learning to swim, it's a chance to get instructions while experiencing games and fun activities in the water. In addition, all swimmers will learn some junior lifesaving and safety practices that will keep them safe around water. All our aquatics coaches are lifeguard CPR certified by a nationally accredited organization.
<b>June 12 - 16</b>	<b>Karate Camp</b>	This Camp is an INCREDIBLE chance to learn the basic skills of Isshinryu karate, while building self esteem and self-control! Campers will learn conditioning, core-training, and self defense. An added benefit of this class is an education in the respect and honor that comes with martial arts.
<b>June 19 – 23</b>	<b>Around the World</b>	Come participate in the games children play around the world and have fun experiencing different cultures. During this week campers will be introduced to popular games, and sports of different chance to learn fun facts, games, and sports from around the world.
<b>June 26-30</b>	<b>Kids In Motion</b>	Get up and get moving with your friends! Each day the camper will participate in a variety of the children's classes we offer in our year-round Kids In Motion program! They will experience dance, basketball, kids' cardio, games, and more!
<b>July 10 - 14</b>	<b>Aqua Kids</b>	Didn't get enough at swim camp? This camp will once again allow campers to have fun in the water whether it is in the pool or on dry land. Campers will participate in all types of water sport activities and games including: water balloons, sponge toss, water races and much more!
<b>July 17 - 21</b>	<b>Cheer, Tumble, &amp; Basketball</b>	Learn some exciting new cheers, motions, and chants, jumps, simple stunts, and basic tumble moves-OR- get into a game of basketball where basic skill and rules of the games will be taught. Aimed at the child who wants to try it all, they will be able to learn balance, coordination and teamwork with this combination of activities.
<b>July 24 - 28</b>	<b>Stars and Stripes</b>	Get ready to have some fun as we celebrate America's favorite pastimes. We will have watermelon competitions, Frisbee, dodge ball, a fun baseball game, tug-a-war, and much more.
<b>July 31 – Aug 4</b>	<b>Spy Week</b>	Get their imaginations flowing and learn more about becoming a secret agent! We will uncover what it takes to unlock the secret agent in all of us by learning the science behind spying, using our brains in challenges and street smarts.



# SUMMER CAMPS 2017 REGISTRATION FORM

How did you hear about us? \_\_\_\_\_

## PARENT/GUARDIAN #1 (The parent/guardian who should be reached first in the event of an emergency.)

FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ MOBILE PHONE (\_\_\_\_\_) \_\_\_\_\_

WORK PHONE (\_\_\_\_\_) \_\_\_\_\_ HOME PHONE (\_\_\_\_\_) \_\_\_\_\_

EMAIL \_\_\_\_\_

## PARENT/GUARDIAN #2

FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_  
(if different from above)

STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ MOBILE PHONE (\_\_\_\_\_) \_\_\_\_\_

WORK PHONE (\_\_\_\_\_) \_\_\_\_\_ HOME PHONE (\_\_\_\_\_) \_\_\_\_\_

EMAIL \_\_\_\_\_

## PARTICIPANT INFORMATION

PARTICIPANT NAME	M/F	DOB	AGE	ALLERGIES/ MEDICATIONS	MEMBERSHIP Circle the one that applies for each child.	WITH WHICH PARENT DOES CHILD RESIDE? Circle the one that applies for each child.
1.					KIM MEM NON	#1 #2 BOTH
2.					KIM MEM NON	#1 #2 BOTH
3.					KIM MEM NON	#1 #2 BOTH
4.					KIM MEM NON	#1 #2 BOTH
5.					KIM MEM NON	#1 #2 BOTH

PARTICIPANT NAME	SWIM LEVEL/ABILITY	MOVIE RATING ALLOWANCE (Highest)	T-SHIRT SIZE (Youth S-L Adult S-2XL)
1.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	
2.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	
3.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	
4.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	
5.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	

## DROP OFF/PICK UP AUTHORIZATION & EMERGENCY CONTACTS

Please list persons **other than the parents/guardians listed above** who are authorized to drop off/pick up the child(ren) listed above. **ONLY THESE PERSONS (and the Parents/Guardians listed above) WILL BE ALLOWED TO DROP OFF/PICK UP THE CHILDREN – NO EXCEPTIONS.** Please mark an **E** by the persons who also serve as emergency contacts for your child(ren).

FULL NAME (First, Last)	RELATIONSHIP TO CHILD	PHONE #
1.		
2.		
3.		
4.		

## NATIONAL FITNESS CENTER SUMMER CAMP AGREEMENT

1. I release National Fitness Center, Court South, and its assignees to use the likeness of (e.g. group photos of campers, action shots of campers, etc.) and quotes by campers for various publications, including but not limited to: local newspapers, commercials, nfc1.com, National Fitness Center Facebook pages, newsletters, and brochures.
2. I understand that a **ONE-TIME** Registration Fee of \$40 per child (OR \$100 per family of 3 or more children) is required at the time of registration in order to reserve space(s) for my child(ren). I understand that this fee is non-refundable, and does not count towards camp tuition, but that it does pay for camp materials/equipment, as well as the child's camp pack+(T-shirt and bag).
3. I understand that camp tuition for each camp is **due in full TWO WEEKS prior** to the camp(s) for which the child is enrolled. I agree to pay camp tuition on this schedule, and I understand that NFC reserves the right to cancel enrollment if fees are not paid by the designated deadline.
4. I understand that if I register or add a camp to my child's registration one week prior to the start of that particular camp, I will assess a \$20 Administration fee (per family) unless otherwise waived by the Summer Camp Director, Children's Activity Director, Special Events Coordinator, or Area Children's Programming Director.
5. I understand that, in the event that NFC cancels a camp due to low enrollment or other unforeseen circumstances, credit will be issued in one of the following ways: 1) the child will be offered another camp within the same summer, 2) a credit voucher will be offered for use towards other programs offered at our club locations (e.g. swim lessons, KIDS IN MOTION classes, birthday parties, etc.), or 3) non-members will be offered a down payment towards a club membership. In this instance, if an agreement cannot be reached regarding a credit voucher towards other club services, refunds will be issued on camp tuition, but a written request to do so must be received by the Camp Director within 7 days after the start date of the camp that was scheduled.
6. I understand that other requests for refunds will only be issued if a written request to do so is received by the Area Program Director 14 days prior to the camp in which the child was enrolled. Refunds generally take 30 days once the written request is received, and will be given on camp tuition only (NOT registration fee). Refunds will NOT be issued for any reason (other than NFC canceling a camp) after the two-week deadline (i.e. 14 days prior to the start of the camp in which the child is enrolled). Refunds will also be paid out in the same manner in which they are paid (credit cards will be credited back to the card and for cash/check a check will be mailed).
7. I understand that electronics and unauthorized items from home are not allowed at camp. If the aforementioned items are brought to camp, they will be confiscated and returned at the time of pickup. National Fitness Center cannot be held liable for lost or damaged items.
8. I have read and understand the behavior policy. I understand that if my child is asked to leave camp due to behavior issues during the middle of the camp week, there will be no refund issued for the registration fee or the remainder of that week including the before/after care. If a child is asked to leave camp due to behavior issues for the remainder of the summer, there will be no refund issued for the registration fee or the remainder of the current week including before/after care. However, if any other weeks remain and have been paid (including before/after care), those weeks will be refunded within 30 days.

**In consideration of being allowed to participate in any of the following programs/activities: Swimming, Martial Arts, Dance, Tumbling, Cheerleading, Basketball court activities, and any other sport or fitness related event, the undersigned:**

1. Agree that the parent(s) or legal guardian(s) will instruct the minor participant that prior to participating, he or she should inspect the facilities, class and equipment to be used, and if the participant believes anything is unsafe, or too difficult, he or she will immediately advise his or her coach/instructor or supervisor of such conditions and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence, but also the actions, inactions, or negligence of others, the rules of play, training, or the condition of the premises or of any equipment used. Furthermore, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability, or death.
4. Release, waive, discharge, and covenant not to sue National Fitness Center, their other affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of the premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the release or otherwise.
5. Realizing that a sudden illness or accident may occur, I hereby ask the Camp Director and Club Manager to use their best judgment in such cases in caring for my child(ren). In the event that I cannot be reached in an emergency, I hereby give permission for National Fitness Center to seek appropriate medical care for my child, including consultation or care by a physician and transportation to a medical care facility/hospital.

**PARENT'S PRINTED NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PARENT'S SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PAYMENT WORKSHEET (Fill out one per child.)**

Child's Name: \_\_\_\_\_

This will be his/her \_\_\_\_\_ year attending summer camps at NFC.

Please indicate which camps you are enrolling the above-named child. For partial week enrollment or 4 Day Camp weeks, please circle the days your child will be attending. You may choose more than one location.

<b>**No Daily Rates Available for Swim Weeks. Starred weeks are 4 Day Camp Weeks.**</b>											
<b>CAMP WEEKS</b>	May 22- May 26	*May 29- June 2	June 5- June 9	June 12- June 16	June 19- June 23	June 26- June 30	*July 3- July 7	July 10- July 14	July 17- July 21	July 24- July 28	July 31- Aug 4

**SIGNATURE**

Full Week: KIM \$125 MBR \$140 NON \$155	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Daily Rate: KIM \$25 MBR \$28 NON \$31	T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F
\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____

**OTHER LOCATIONS**

Maryville: KIM \$100 MBR \$110 NON \$125	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Morristown Call Camp Director for pricing.	<input type="checkbox"/>	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oak Ridge: KIM \$100 MBR \$110 NON \$125	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tazewell: KIM \$100 MBR \$110 NON \$125	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Daily Rate: KIM \$20 MBR \$22 NON \$25	<u>Morris</u> (Club) M T W TH F	<u>Mvl/Mor</u> (Club) T W TH F	<u>(Club)</u> (Club) M T W TH F	<u>(Club)</u> (Club) M T W TH F	<u>(Club)</u> (Club) M T W TH F	<u>(Club)</u> (Club) M T W TH F	<u>Morris</u> (Club) M W TH F	<u>(Club)</u> (Club) M T W TH F	<u>(Club)</u> (Club) M T W TH F	<u>(Club)</u> (Club) M T W TH F	<u>(Club)</u> (Club) M T W TH F
\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____

**EXTENDED CARE**

Before & After Care: \$8/Day \$25/Week	M T W TH F	T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F
\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____

**TOTAL**

Weekly Totals	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	
<b>SUBTOTAL (Camp &amp; Extended Care Fees):</b>												
<b>REGISTRATION FEE</b> (\$40 per child OR \$100 per family w/ 3 or more children):												
<b>\$20 ADMINISTRATION FEE</b> (Assessed when registering or editing a registration 1 week prior to the start of a camp):												
<b>GRAND TOTAL (For this child only):</b>												
<b>AMOUNT PAID TODAY:</b>												
<b>RECEIPT NUMBER:</b>												
<b>BALANCE REMAINING:</b>												
<b>NFC REP:</b>							<b>DATE:</b>					